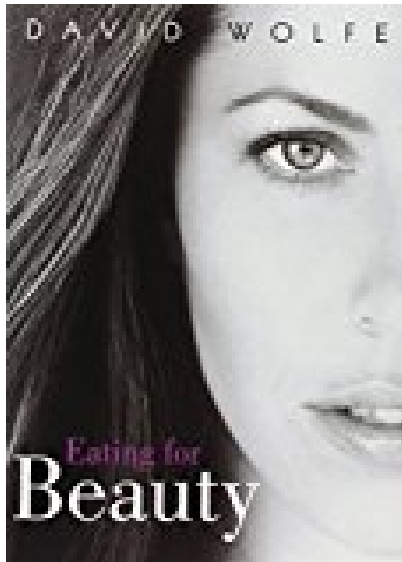


Eating for Beauty



BOOK DETAILS

- Author : David Wolfe
- Pages : 200 Pages
- Publisher : North Atlantic Books
- Language : English
- ISBN : 1556437323

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BOOK SYNOPSIS

"One of the worlds foremost experts on raw food provides tips and advice on how to create beauty within yourself through a fresh-food diet--as well as through yoga, sleep, the psychology of beauty, and other complementary factors"--Provided by publisher.

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