

# Food Journal & Blood Sugar Log A Food Diary for Diabetics

---



## BOOK DETAILS

- Author : I. S. Anderson
- Pages : 216 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1515024342

[↓ DOWNLOAD](#)

## **BOOK SYNOPSIS**

Beautifully Designed Diabetic Log Easy To Use Blood Sugar Monitoring Log Get Your Copy Today! Record Your Daily Monday to Sunday Blood Sugar Readings For 52 Days Cover: \* Portable Sized 6x9 inches Interior: \* Personal Information & Emergency Contact Page \* 2 Pages to Record Your Appointments \* Includes Before And After Blood Sugar Readings, Carbohydrate Portions, Quick Acting Insulin and Background Insulin Readings. \* Sections for Breakfast, Lunch, Dinner, Other & Bedtime \* Section for recording Daily Notes Please note that this Log also comes in the smaller portable size of 5x8 to make it easy to carry around. This would make a great gift for your friends and family. So Order A Copy Today!

### **FOOD JOURNAL & BLOOD SUGAR LOG A FOOD DIARY FOR DIABETICS -**

Are you looking for Ebook Food Journal & Blood Sugar Log A Food Diary For Diabetics ? You will be glad to know that right now Food Journal & Blood Sugar Log A Food Diary For Diabetics is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Food Journal & Blood Sugar Log A Food Diary For Diabetics may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Food Journal & Blood Sugar Log A Food Diary For Diabetics and many other ebooks.

We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with Food Journal & Blood Sugar Log A Food Diary For Diabetics . To get started finding Food Journal & Blood Sugar Log A Food Diary For Diabetics , you are right to find our website which has a comprehensive collection of manuals listed.